



**Careers Information Guide for Students
and Parents/Carers**

What to do next:

Make a list of what is important to you, your strengths and interests. This will help you begin to think about what your next step might be.



Review different options that are available. You can use this guide to help you explore these and research a range of options.



Talk to friends or family about your skills and options you are considering. You can also speak to a Careers Adviser at College or through another service to help you to review different options.

**Apprenticeships and
Traineeships**

The **National Apprenticeship Service** page is the main site for researching vacancies and making applications

Amazing Apprenticeships all you need to know about apprenticeships. Events and guides are also listed here.

The **Apprenticeship Guide** is a one-stop-shop for anyone looking to find out more about apprenticeships and offers a whole host of information to help college leavers make the right career choice.

Apprenticeships in Sussex can help young people to search for apprenticeship, traineeship and pre-employment training in Sussex

	<p><u>Rate my apprenticeship</u> has reviews of employers and national database of vacancies</p> <p><u>Brighton and Hove Jobs' apprenticeship vacancies</u> in the local area</p> <p><u>Traineeships</u> and preparation for an apprenticeship, to develop skills and confidence.</p>
<p>Exploring career options</p>	<p><u>The National Careers Service</u> has a good overview of different job profiles which includes their entry requirements and training paths, duties and hours of work:</p> <p>Other resources to investigate:</p> <p><u>Explore career videos</u></p> <p><u>Career Planner Questionnaire</u></p> <p><u>SACU Spartan Test</u></p> <p><u>Target Careers</u> has information by sector and a parent's section of the website</p> <p>Careers websites offering information on a range of options</p> <p><u>Brightknowledge</u></p> <p><u>Not Going to Uni</u></p> <p><u>Success at School</u></p>
<p>Distance Learning</p>	<p>Short courses which may be helpful:</p> <p><u>Future Learn</u></p> <p><u>Khan Academy</u></p> <p><u>Open University – free courses</u></p> <p><u>Creative Future</u></p> <p><u>Sussex Recovery College</u></p> <p>Distance learning higher education courses</p>

	<u>Open University</u>
Finding work	Employability advice, CVs and Covering Letters: <u>Barclays Life Skills</u> <u>Reed</u> <u>Barclays Life Skills</u>
Further education	You may wish to look at other local colleges: Please see the separate guide on alternative FE colleges locally <u>Further Education Colleges:</u> <u>Plumpton College</u> <u>GB Met</u> <u>East Sussex College</u>
Not in Education, Training or Employment (NEET)	There are Information, Advice and Guidance services run by local authorities who can support young people not in education, employment or training. The service to refer to depends on where a young person lives. <u>Brighton and Hove Youth Employability Service</u> <u>West Sussex Find It Out Centres</u> <u>Careers East Sussex</u> <u>The Prince's Trust</u> programmes to build skills and work experience <u>National Citizen Service</u> summer programme for 16-17 year olds <u>Resurgo</u> offers an employability programme support CVs, interviews and job searching as well as a work placement
Qualifications	<u>Government page on what qualifications levels mean</u> <u>Informed choices</u>

**Volunteering on a Gap
Year**

Do-it

I Will

BH Community Works