



Careers Information Guide for  
Parents/Carers and Early Leavers

If you are leaving college and are unsure what to do next we have compiled a list of resources in this guide to help you. Leaving College may not have been part of your plan and you may be concerned about what to do next.

There are many options available to you with your future progression. This guide also gives you some suggestions as to how you can start your research and planning.

What is Raising the Participation Age (RPA)?

The government has increased the age to which all young people in England are required to continue in education or training. Young people are still allowed to leave school at 16, but must continue in some form of learning until the age of 18.

What counts as learning?

- stay in full-time education, for example at a college
- start an apprenticeship or traineeship
- spend 20 hours or more a week working or volunteering, while in part-time education or training

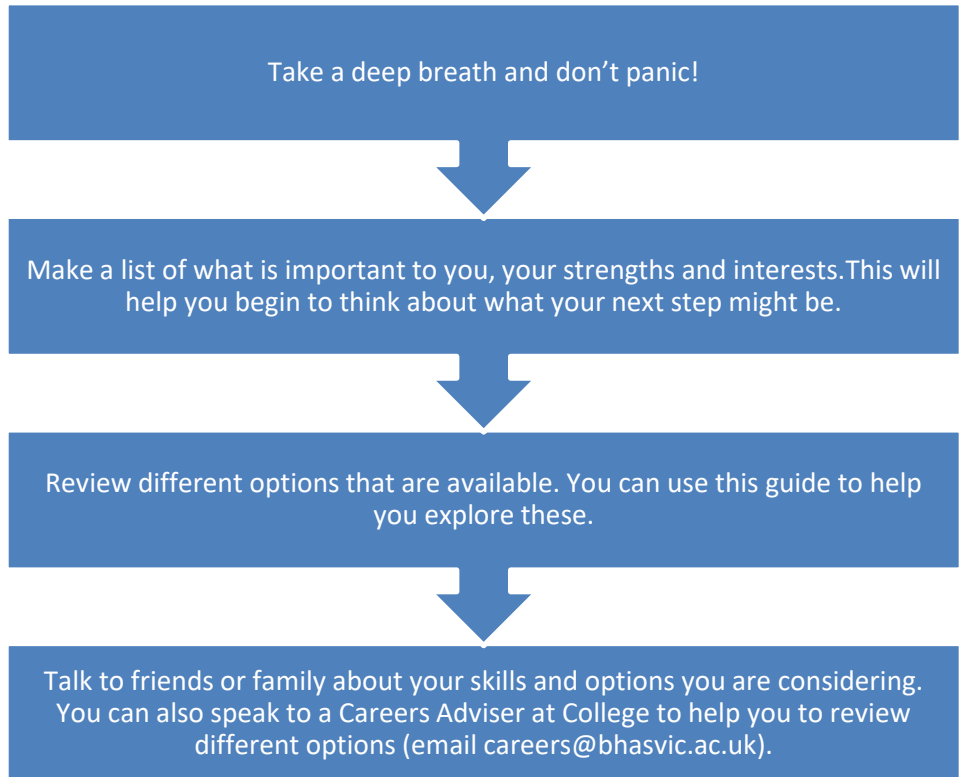
What is an apprenticeship?

Apprenticeships combine a full-time job with training. They provide you with the skills you need for your chosen career that will also lead to nationally recognised qualifications. As an apprentice, you earn while you learn.

What is a traineeship?

Designed to help young people who don't yet have the appropriate skills or experience, traineeships provide the essential work preparation training to secure an apprenticeship or employment, these courses are usually unpaid.

What to do next:



<p>Apprenticeships and Traineeships</p>	<p>The <a href="#">National Apprenticeship Service</a> page is the main site for researching vacancies and making applications</p> <p><a href="#">Amazing Apprenticeships</a> all you need to know about apprenticeships. Events and guides are also listed here.</p> <p><a href="#">The Apprenticeship Guide</a> is a one-stop-shop for anyone looking to find out more about apprenticeships</p> <p><a href="#">Apprenticeships in Sussex</a> can help young people to search for apprenticeship, traineeship and pre-employment training in Sussex</p> <p><a href="#">Rate my apprenticeship</a> has reviews of employers and national database of vacancies</p> <p><a href="#">Brighton and Hove Jobs' apprenticeship vacancies</a> i</p> <p>Traineeships, preparation for an apprenticeship</p> <p><a href="https://www.findapprenticeship.service.gov.uk/traineeshipsearch">https://www.findapprenticeship.service.gov.uk/traineeshipsearch</a></p>
---	---

<p>Exploring career options</p>	<p><a href="#">The Career Alchemy</a> is guide provides a good overview of how to support young people making career choices</p> <p><a href="#">The National Careers Service</a> has a good overview of different job profiles which includes their entry requirements and training paths, duties and hours of work:</p> <p>Other resources to investigate:</p> <p><a href="#">Explore career videos</a></p> <p><a href="#">Career Planner Questionnaire</a></p> <p><a href="#">SACU Spartan Test</a></p> <p><a href="#">Target Careers</a> has information by sector and a parent's section of the website</p> <p>Careers websites offering information on a range of options</p> <p><a href="#">Brightknowledge</a></p> <p><a href="#">Not Going to Uni</a></p> <p><a href="#">Success at School</a></p>
<p>Distance Learning</p>	<p>Short courses which may be helpful:</p> <p><a href="#">Future Learn</a></p> <p><a href="#">Khan Academy</a></p> <p><a href="#">Open University – free courses</a></p> <p><a href="#">Creative Future</a></p> <p><a href="#">Sussex Recovery College</a></p> <p>Distance learning higher education courses</p> <p><a href="#">Open University</a></p>
<p>Finding work</p>	<p>Employability advice, CVs and Covering Letters:</p> <p><a href="#">Careers Beyond Covid</a> Are you a young person aged 16-30 looking for work? We believe that all young people from all backgrounds should be able to access support and guidance as they transition into employment. To check to see if you are eligible to receive our free support, pop your postcode into the box on the website link above.</p> <p><a href="#">Barclays Life Skills</a></p> <p><a href="#">Reed</a></p>
<p>Further education</p>	<p>You may wish to look at other local colleges:</p> <p><a href="#">Plumpton College</a></p> <p><a href="#">GB Met</a></p> <p><a href="#">East Sussex College</a></p> <p>Further colleges can be found on the ex-student section of the website under post-BHASVIC Careers Support in the further education guide:</p> <p><a href="https://www.bhasvic.ac.uk/ex-students/post-bhasvic-careers-support">https://www.bhasvic.ac.uk/ex-students/post-bhasvic-careers-support</a></p>

Not in Education, Training or Employment (NEET)	<p>There are Information, Advice and Guidance services run by local authorities who can support young people not in education, employment or training. The service to refer to depends on where a young person lives.</p> <p><a href="#">Brighton and Hove Youth Employability Service</a></p> <p><a href="#">West Sussex Find It Out Centres</a></p> <p><a href="#">The Prince's Trust</a> runs offers support and runs programmes to build skills and work experience</p> <p><a href="#">National Citizen Service</a> summer programme for 16-17 year olds</p>
Qualifications	<p><a href="#">Government page on what qualifications levels mean</a></p> <p><a href="#">Informed choices</a></p>
Volunteering	<p><a href="#">Do-it</a></p> <p><a href="#">I Will</a></p> <p><a href="#">BH Community Works</a></p>

There is an ex-student section on the website which is updated with live opportunities and further self-access guides on a range of progression options across Sussex which can be accessed here <https://www.bhasvic.ac.uk/ex-students/post-bhasvic-careers-support>