





Careers Guide – Researching Your Options at 16

For Parents/Carers and Students

Choosing your options after school:

There are a variety of different options available to you after you finish school. This guide gives you some information and resources to help you to start researching and planning your next steps.

What is Raising the Participation Age (RPA)? (source: www.parentalguidance.org)

The government has increased the age that all young people in England are required to continue in education or training. Young people are still allowed to leave school at 16, but must continue in some form of learning until the age of 18.

What counts as learning?

- stay in full-time education, for example at a college
- start an apprenticeship or traineeship
- spend 20 hours or more a week working or volunteering, while in part-time education or training

What is an apprenticeship?

An apprenticeship involves working whilst gaining training. They provide you with the skills you need for your chosen career that will also lead to nationally recognised qualifications. As an apprentice, you earn while you learn. There are a variety of levels available from level 2 up to degree level.

What is a traineeship?

Designed to help young people who don't yet have the appropriate skills or experience, traineeships provide the essential preparation to secure an apprenticeship or employment. They are unpaid but expenses such as travel/food are often covered by the employer. They are aimed at students who are working at below level 3 and designed to help students become work ready.

College course choices - what you'll need to consider (source: Career Pilot; Which? University):

If you are thinking about studying at college, you need to choose subjects:

- you will enjoy
- you believe that you will do well in
- that will help you get to where you want to go in the future.

You need to make sure that your choice of qualifications and subjects allows you to keep your options open if you haven't got a specific career in mind or will help you get the career or job you would like to do.

Do your research using some of the resources in this document so you can make an informed decision, based on accurate up-to-date information - but remember, the final choice is yours as you are the one that will have to put the hard work in!

Things to consider:

- College courses can be a big step up from GCSEs so choose your subjects wisely. Your career or degree ideas may change so make sure you choose subjects which you like and can do well in.
- If you have no idea about your choice of career or choice of degree subject at this stage,
 (many students are in this position!), then make sure you choose a combination of subjects
 that will keep your current preferred options open. Some subjects are accepted by a
 majority of universities. These are sometimes known as 'facilitating' subjects such as
 Maths, English, Physics, Biology or Chemistry, History or Geography or a language. Some
 universities are stricter than others on this issue than others. Please refer to The Russell
 Group 'Informed Choices' guide for further information:
 https://www.russellgroup.ac.uk/media/5457/informed-choices-2016.pdf
- Additionally, if you have a talent for Art, Design or Music and think it could be an avenue you'll pursue, taking the relevant qualifications will help that to happen.
- If you have a specific career in mind, check to see if you will need specific qualifications. Look at the job profiles on <u>The National Careers Service</u> site to find out more.
- If you have a specific degree course in mind, you need to check the entry requirements.
 Some university courses are very specific about the subjects/qualifications required other degree subjects are very flexible. Check entry requirements on the <u>UCAS</u> website or on individual university's websites including GCSE requirements and A level/BTEC requirements. Don't be afraid to email the universities during Year 11 to ask for their advice about the subjects required for a course you are interested in either email the Admissions Tutor or the Course Tutor.
- If you are taking a science qualification, you should consider whether you need to look at taking another science or maths, particularly if you are interested in scientific careers or courses as some universities require two sciences/maths for particular courses.
- If you are unsure of your career choice or degree choice, then think carefully about your combination of subjects. It is hard to pick up 3 or 4 new subjects that you have never studied before.

Top tips when choosing college courses:

- 1. Research each subject thoroughly talk to your teachers to find out what is involved in the course. Use open evenings to talk to students who are already taking that subject. Find out how the course will be assessed and whether this will suit you and your strengths/learning style.
- 2. Make sure you have thought carefully about your combination of choices and if they meet the requirements of any possible careers/universities/apprenticeships that you are interested in (your ideas may change and that is fine too!). Please note: there are other options available if you need different subjects to progress after BHASVIC through university Foundation Year courses or Access to Higher Education courses.

3. Take subjects if you are good at them and really interested in studying them further. You will be studying these subjects in depth for up to two years so it is important to have an enthusiasm and motivation to explore it.

Researching careers/options with different subjects

success ot choose school steps org	https://successatschool.org/ Success at School is the place for young people to explore careers, get the lowdown on top employers, and search for the latest jobs, courses and advice.
icould	https://icould.com/ From accountants to zookeepers, get a first-hand view of jobs and ideas for your future through videos and short summaries of different possibilities.
Find out more on ucas.com	https://www.ucas.com/what-are-my-options Confused about your options after school, college, or sixth form? Here's all you need to know about the routes available to you, to help you decide what to do next. You could apply to university, go on a gap year, take on an apprenticeship, find an internship, or start your working career.
TARGET careers	https://targetcareers.co.uk/ TARGET careers helps young people to make smart decisions about their future. Investigate careers that interest them and decide whether to do an apprenticeship or go to university. There is a list of UK undergraduate courses and advice on choosing between them, or you can search for apprenticeships with some of the country's biggest employers.

Local Youth Employment Services

If you do not have a place at college/want to explore your options. Depending on your local authority, there are different services that can support you with careers advice:



Brighton and Hove YES team https://en-gb.facebook.com/yesbrightonhove/



EAST SUSSEX East Sussex Yes team https://www.c360.org.uk/blog/category/education

SPACE West Sussex Find it Out Centres https://www.westsussex.gov.uk/education-children-and-families/your-space/life/finditout-centres/

Apprenticeships/World of Work/College Employer Schemes

	https://www.gov.uk/apply-apprenticeship
	Search and apply for an apprenticeship in England
Independential service on	
da GOV.UK	https://www.gov.uk/find-traineeship
TIMES THE STATE OF	Search and apply for a traineeship in England
1400	
Find an apprenticeship	Skills Training UK http://skillstraininguk.com/
Search Lebath A. P. C.	Skills Training UK is an innovative skills and employability
	provider offering Traineeships to young people aged 16-24 who
	do not have the qualifications or industry experience to start a
	full-time job. We also support individuals into Apprenticeships
	with local employers.
	http://www.apprenticeships-in-sussex.com/
apprenticeships in sussex	This site will help you search for apprenticeship,
iii sussex	traineeship and pre-employment training in Sussex.
A A	https://www.notgoingtouni.co.uk/
	Find apprenticeships in Not Going to Uni, the online
notgoingtouni.co.uk	apprenticeships guide that offers you advice on how to
notgoingto	become an apprentice, find traineeships and college
	employment schemes.
	https://www.allaboutschoolleavers.co.uk/
ell ele eut*	At AllAboutSchoolLeavers, our mission is clear: to help
allabout*	school leavers get jobs and understand the career paths
school leavers.co.uk	available to them.
	available to them.
1 . (C1 . 11	https://www.barclayslifeskills.com/
LifeSkills	Interview skills and more to prepare young people for the
The state of the s	21st century workplace
Created with W BARCLAYS	, ,
	https://sacu-student.com/?page_id=5619
SACU	SACU offers a great independent & impartial source of
	careers information to students, parents and teachers
	We provide access to a comprehensive range of
	opportunities in line with Ofsted requirements
DATELOY	https://www.ratemyapprenticeship.co.uk/
*RATEMY APPRENTICESHIP	Search & apply for apprenticeship schemes and school
APPRENTICESHIP	leaver jobs. Read reviews from previous apprentices and
	find excellent career advice for young people
	https://www.tes.com/news/further-education/breaking-
DEGREE	news/details-new-degree-apprenticeships-revealed
APPRENTICESHIPS	

University

UCAS	https://www.ucas.com/ UCAS connects people to University, post Uni studies including teacher training, apprenticeships & internships. Find all the information for your next step.
Which?	http://university.which.co.uk/ Find out which university degree courses and subjects your A-levels suit, using Which? University's interactive explorer tool.
University	See Which? University's full list of university degrees and relevant level 3 qualifications: https://university.which.co.uk/advice/a-level- choices/what-a-levels-do-you-need-for-the-degree-you- want-to-study
SACU	https://sacu-student.com/?page_id=5203 The only place to match your subjects to a personalised degree cloud. See where students with your A-levels were placed in 2015 See actual A-level combinations by course, by subject and by university group.
WHAT UNI?	https://www.whatuni.com/ Compare the best University & degree courses for free - Degree course rankings, university reviews, degree course details, university profiles to help you decide.
Compare official course data from universities and colleges Course name, subject or course code Search Advanced search The official website for comparing UK higher education course data Includes official data on each university and college's satisfaction scores in the National Student Survey, jobs and salaries after study and other key information for prospective students.	https://unistats.ac.uk/ The official website for comparing UK higher education course data Includes official data for undergraduate courses on each university and college's satisfaction scores in the National Student Survey, jobs and salaries after study and other key information for prospective students.
PROSPECTS	https://www.prospects.ac.uk/
CCH CENTRAL CAREERS HUB	http://www.centralcareershub.co.uk/longitudinal- education-outcomes- data/?mc_cid=8ab4097596&mc_eid=0d23894eae Outcomes data, by degree discipline.