

Intersectional Specialist Services and Generic Equality Support

ACAS

ACAS provide information, advice, training, conciliation and other services for employers and employees to help prevent or resolve workplace problems, including equality and discrimination issues.

<http://www.acas.org.uk/index.aspx?articleid=1363>

Black Mental Health UK

Black Mental Health UK (BMH UK) is an online publisher established to raise awareness and address the stigma associated with mental illness.

07852 182 750 <http://www.blackmentalhealth.org.uk> editor@blackmentalhealth.org.uk

Brighton and Hove LGBTQ Disability Project

A group for LGBTQ (Lesbian, Gay, Bisexual, Trans and Queer/Questioning) disabled people age 18+ who live in and around the city of Brighton and Hove. This group provides an opportunity for meet-ups, discussion, social meetings, volunteering and raising awareness both in LGBTQ scenes/services and in 'mainstream' services. Please get in touch if you are interested in what we do and to see how we may be able to help. Events are free or low-cost as much as is possible.

01273 4009 sarahkye.faulkner@switchboard.org.uk
<http://www.switchboard.org.uk/projects/lgbt-hip-projects/>

Chinese Mental Health Association

CMHA provide a range of services with the aim of serving Chinese people who suffer from mental health related issues. Also provides support for their carers whom may not be familiar with all the nuances of traditional Chinese culture.

020 7613 1008 <http://www.cmha.org.uk> info@cmha.org.uk

Equality Advisory & Support Service (EASS)

The Helpline advises and assists individuals on issues relating to equality and human rights, across England, Scotland and Wales. EASS understand that the act can be difficult to understand, so if you are unsure or need further advice then please contact their Advice Line.

0808 800 0082 TEXTPHONE: 0808 800 0084 <https://www.equalityadvisoryservice.com/>

The Equality Trust

The Equality Trust works to improve the quality of life in the UK by reducing economic inequality. People in more equal societies live longer, have better mental health and have better chances for a good education regardless of their background. Community life is stronger where the income gap is narrower, children do better at school and they are less likely to become teenage parents. When inequality is reduced people trust each other more, there is less violence and rates of imprisonment are lower.

<https://www.equalitytrust.org.uk/> (0)20 3637 0324

Imaan

Imaan is a charity that supports LGBTQI Muslims. Founded in London in 1999, they campaign to ensure that no LGBTQI Muslim person in Britain feels excluded from their family, their faith or their communities. Imaan is a small, volunteer-led charity, led by and working for LGBTQI Muslims; they aim to represent the breadth of the Islamic faith and the range of identities and narratives of the LGBTQ community and allies.

info@imaan.org.uk <http://www.imaan.org.uk> <https://www.facebook.com/imaanlgbtq/>

Imkaan

Imkaan are the only national second-tier women's organisation dedicated to addressing violence against Black and minoritised women and girls i.e. women and girls which are defined in policy terms as Black and 'Minority Ethnic' (BME). Imkaan provides a collective voice for the Black and Minority Ethnic (BME) ending violence against women and girls sector.

<https://www.imkaan.org.uk/> info@imkaan.org.uk 020 7842 8525

MindOut

MindOut is run by and for LGBTQ people. They provide a range of services including: advocacy (including specialist Trans Advocacy), advice and information, casework support, peer support groups, peer mentoring, suicide prevention, mental health promotion, anti-stigma events, mental health and LGBTQ-related workshops and courses, and an out of hours online support service. Their website states that their services are free, confidential, independent and impartial.

01273 234839 <http://www.mindout.org.uk> info@mindout.org.uk

Pavilions LGBT Support Worker

The project provides support for people identifying as lesbian, gay, bisexual or transgender with substance misuse issues. The service provides a confidential, non-judgemental outreach service and works closely with local LGBT organisations.

07884476634 <http://www.pavilions.org.uk/services/treatment-recovery-options/> info@pavilions.org.uk
gsmith@pavilions.org.uk

Rethink Asian Language Mental Healthline

The Rethink Asian Language Mental Healthline offers free, confidential, telephone-based information and support for anybody from Black and Minority Ethnic communities who is affected by issues of mental health, including carers and professionals. Volunteer operators speak English, Punjabi, Hindi, Urdu and Gujarati.

0808 800 2073 Monday and Wednesday: 4pm - 7pm. Tuesday and Thursday: 12noon - 3pm

Royal College of Psychiatrists Translated Information

The Royal College of Psychiatrists have a range of leaflets about mental health translated into various languages.

<http://www.rcpsych.ac.uk/healthadvice/translations.aspx>

Speak Out Rainbow Group

A group for LBGTQIA people with learning disabilities.

01273 421 921 dawnthorpe@bhspeakout.org.uk

Hate Crime Support

Community Safety Casework Team

We work to prevent anti-social behaviour and hate incidents. We tackle the five sorts of hate: homophobia, transphobia, disability hate, race and faith hate. We are fully accessible for trans, disabled including hard of hearing and wheelchair users, and part of the thumbs up campaign for people with learning disabilities.

01273 292735 <https://www.facebook.com/safeinthecityBH>
communitysafety.casework@brighton-hove.gcsx.gov.uk

Community Security Trust

CST provides security advice and training for Jewish communal organisations, schools and synagogues. CST secures over 650 Jewish communal buildings and approximately 1,000 communal events every year.

<https://cst.org.uk/> enquiries@cst.org.uk 020 8457 9999

CPS Hate Crime Advice

Support, advice and information about prosecuting hate crimes, for victims and witnesses.

<https://www.cps.gov.uk/hate-crime>

Galop

If you've experienced hate crime, sexual violence or domestic abuse, we're here for you. We also support lesbian, gay, bi, trans and queer people who have had problems with the police or have questions about the criminal justice system.

<https://www.galop.org.uk/> 0800 999 5428

National Hate Crime Awareness Week

The NHCAW week of action takes place between the second to third Saturday in October each year. It aims to bring people together, to stand with those affected by hate crime, to remember those we have lost, and support those who need our ongoing support.

<https://nationalhcaw.uk/>

Stop Hate UK

Stop Hate UK is one of the leading national organisations working to challenge all forms of Hate Crime and discrimination, based on any aspect of an individual's identity. Stop Hate UK provides independent, confidential and accessible reporting and support for victims, witnesses and third parties.

<https://www.stophateuk.org/> 0800 138 1625

Tell Mama

Tell MaMa supports victims of anti-Muslim hate and is a public service which also measures and monitors anti-Muslim incidents. It is not meant to be a replacement for the Police Service.

0800 456 1226 0734 184 6086 info@tellmamauk.org <https://tellmamauk.org/>

Victim Support

Victim Support give emotional and practical help to people who have been affected by crime in Sussex. They are an independent charity and you can contact them for support regardless of whether you've contacted the police, and no matter how long ago the crime took place. They will help you for as long as it takes to overcome the impact of crime. If you call your local Victim Support team, they'll make sure you get the information and support you need. This might be arranging a meeting for you to talk to one of their workers to receive emotional support in confidence, helping you to fill out a compensation form or get advice on how to make your home more secure, or referring you to other specialist organisations that can also help.

Local Supportline: 0808 168 9274 National Supportline: 08 08 16 89 111

<https://www.victimsupport.org.uk/help-and-support/get-help/support-near-you/south-east/sussex-supportline@victimsupport.org.uk>