

## **Religion:**

### **Bahá'í Community of Brighton and Hove**

Devotional meetings, study circles covering spiritual topics, Bahá'í classes for children open to all people.

<http://www.brightonbahais.org.uk/home>

### **Brighton and Hove Interfaith Contact Group**

A resource for contact and dialogue between the many faith communities & traditions in the Brighton & Hove area. Working to build peaceful relations, and promote greater understanding between the diverse communities in our City.

<http://interfaithcontactgroup.com/> [admin@interfaithcontactgroup.com](mailto:admin@interfaithcontactgroup.com)

### **Brighton and Hove Jewish Community Foundation**

Manage the Jewish Community Centre and run the Jewish Day Centre, for senior citizens. Disabled access on ground floor and lower ground floor. Disabled toilet on ground floor. Ramp, flat access, hearing loop, clear signs.

01273 202254 <http://rallihall.com/> [rallihallcentre@gmail.com](mailto:rallihallcentre@gmail.com)

### **Brighton and Hove Muslim Forum**

Aims to serve the religious, social and cultural needs of the Brighton and Hove Muslim Community.

08713 109986 <http://www.bhmf.org.uk> [info@bhmf.org.uk](mailto:info@bhmf.org.uk)

### **Brighton and Hove's Muslim Women's Group**

Help develop Muslim women's knowledge and confidence and encourage networking between them, Regular and flexible "meet and learn" circles, Regular social gatherings (coffee mornings, mothers and toddlers, religious celebrations, picnics, excursions etc.), Newsletter, Signposting, Support for new Muslims, Agency reporting racist and Islamophobic incidents, Qur'an reading lessons

01273 554501 <http://www.bhmf.org.uk/brighton-and-hove-muslim-womens-group>

### **Brighton Buddhist Centre**

Yoga, Meditation and Buddhism Part of the Triratna Buddhist Community. They teach Buddhist meditation, yoga and tai chi. Offers courses for coping with stress and depression and a group and weekend breaks for full-time carers. Drop in classes for newcomers, other regular activities take place throughout the week.

<http://www.brightonbuddhistcentre.co.uk> 01273 772090

### **Brighton Secular Humanists**

An organisation for people with no religious beliefs. Aims to encourage a rational, responsible, humanitarian approach to life and reliance on man's own intelligence, moral and social resources in every respect of human existence.

<http://www.brightonhumanists.org> 01273 461404

### **Churches Together in Sussex**

Networking and Development group for Christian Churches in Sussex. Churches Together in Sussex works to promote the role of all 1000 Christian Churches in Sussex and seeks to provide a link with other faith communities.

<http://www.churchestogether.org/sussex> 07976 811654

### **Jewish Helpline**

The Jewish Helpline offers support to people across the Jewish community who are in crisis; feeling lonely, anxious, depressed or suicidal. Common calls involve drug, family or mental health problems. They are open from 12 noon to 12 midnight every day except Shabbat and Yom Tovim.

0800 652 9249

### **Jewish Small Communities Network**

Comprehensive information about communities across the UK, JSCN also brings you articles of interest from a wide range of sources, featuring News, Events, Competitions and Food.

<https://jscn.org.uk> [hello@jscn.org.uk](mailto:hello@jscn.org.uk)

### **Jewish Women's Aid**

Jewish Women's Aid is the only specialist organisation in the UK supporting Jewish women affected by domestic violence. JWA aims to provide confidential, accessible, empowering and culturally sensitive advocacy.

<http://jwa.org.uk> 0808 801 0500

### **MCC Brighton**

MCC Brighton are a church that truly believes no-one should be excluded. Community means everyone and if you exclude even a single person then it isn't true community. MCC Brighton does not give priority to any group as they believe that we are all God's children and should be treated as a part of that family.

<http://www.mccbrighton.org.uk/> 01272 515572 [info@mccbrighton.org.uk](mailto:info@mccbrighton.org.uk)

### **Muslim Youth Helpline**

The Muslim Youth Helpline is a free and confidential service offering support to vulnerable Muslim youth in need. Common issues range from relationships, mental health concerns, sexual abuse and religious issues. Trained helpline workers offer support, advice and information, signpost to other services, and can make referrals to specialist agencies and other support services. You can contact them by phone, e-mail, online chat or letter. The service is aimed at young people, but they take calls from people of all ages and backgrounds, and don't turn anyone away. The Muslim Youth Helpline does not provide religious advice, but can signpost to other services who do. Their volunteers are, however, trained to use hadith and Quranic ayah to give words of comfort where appropriate, and they aim to provide a faith and culturally sensitive service.

0808 808 2008 (freephone) Text: 07860 022 811 <http://www.myh.org.uk/> [help@myh.org.uk](mailto:help@myh.org.uk)

### **Sikh Society Brighton & Hove**

Dissemination of knowledge of Sikhism, its religion & practices to schools and community by way of talks, visits to schools and by holding meetings where possible.

01273 235486 [sukhdev.hoshiarpur@yahoo.com](mailto:sukhdev.hoshiarpur@yahoo.com)

**Sussex Muslim Society Trust (SMS)**

A registered charity for Sussex Muslims in order to cater for their religious, cultural educational and social activities, an umbrella organisation supporting many different cultures and providing advice. Providing accurate information about Islam and Muslims to all, serving and creating a positive image of Islam through educational, cultural, social programmes and providing speakers.

[sms@imamsajid.com](mailto:sms@imamsajid.com)

**Sussex Jewish Representative Council**

Providing a central point of contact for Jewish organisations in Sussex.

<http://www.sussexjewishrepresentativecouncil.org/> 07881 887589

**The Inter Faith Network for the UK**

Through its meetings and its advice and information service, IFN, with its member bodies, helps make better known and understood the teachings, traditions and practices of the different faith communities in the UK and the pattern of their inter faith work and builds good relations between people of different faiths in the UK.

[www.interfaith.org.uk](http://www.interfaith.org.uk)