

BHASVIC

Guide to Higher Education

Midwifery, Nursing

Nutrition, Optometry, Physiotherapy

Radiography and medical technology

Social work

Speech therapy and audiology

Sports science

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Sports courses

Whether playing sports or working in the sports industry there are many specialist degree courses, with more opening up all the time showing the wide number of opportunities to work in the rapidly expanding sports industry. Universities such as UCFB running a range of specialist courses from the Etihad and Wembley to courses in many 'traditional' universities it is worth exploring the range of excellent courses available. **Example degrees:** Football Studies, Sports Management and Development, Fitness and Personal Training, International Football Business, Sport Media

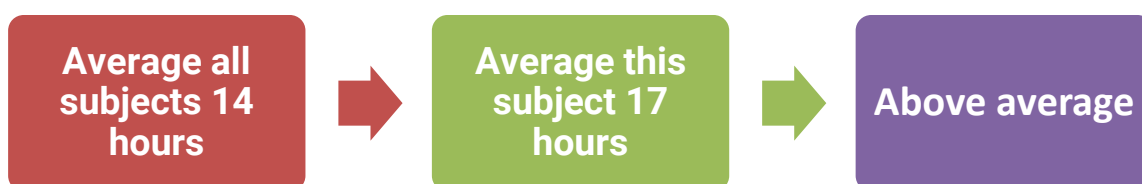
- BA/BSC
- VOCATIONAL
- COMMUNICATION SKILLS
- TIME IN LABS
- RESEARCH
- SCIENCE
- SPORT
- EXERCISE

Example course modules

- Understanding Football Business
- Fundamentals of Accounting & Finance
- Sport, Diversity and Social Justice
- Conceptualising Sport
- The coaching process
- Fitness Training and Analysis
- Managing community sport
- Understanding Football fans and customers
- Applying teaching and coaching

Teaching hours / week

The time you'll spend in lectures and seminars each week will vary from university to university, so use this as a guide.



League tables for this subject

[The Guardian](#) [The Complete University Guide](#) [The Times](#)

What students say about sports science

In my first year I had about 12 hours in lectures each week and some workshops to attend, too. The content was pretty diverse from sports management, sports coaching and science of sport, for example. We were assessed in

various ways, for example, we did essays as well as small multiple choice progress tests and at the end of first year we had a couple of exams. We also had to present to small lecture groups on a specific topic and we had lab time too in some modules.

1st year, University of Hertfordshire

The content is very good, challenging, but not making exceptionally large demands on your time. Topics are interesting and lecturers are always using new research examples from their fields so you are learning the most up to date information. There is a good balance of coursework and exams. You also have labs where you really get to be hands on with some of the more basic equipment. These are great as you get real practical skills.

2nd year, University of Birmingham

A-levels or BTECs usually required

- Sport
- Physical Education

Useful to have

- Business

Application checklist

Here's a guide to what to expect from the application process - also check individual university entry requirements, as these may differ.

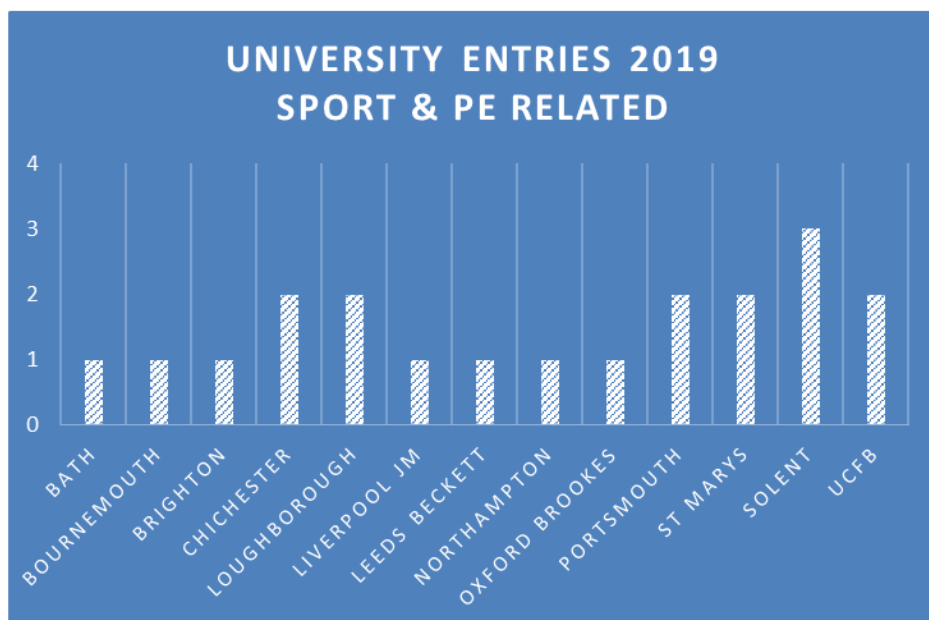
- January application
- Personal statement

BHASVIC information

In Sept 2019, 20 BHASVIC students went onto study Sport & PE Science at 12 different universities. In addition, other students went on to study sports-related degrees in areas such as business, events and marketing.

Many of our students go onto pursue a career in sport and will embark on many pathways, including higher education.

In addition to studying sport at university, student will begin professional sporting careers, take up coaching or sponsorships in the UK and abroad. Students can add Sport Performance to their timetable at BHASVIC for their chosen sports.



Top 10 Universities for Sports Science – Complete University Guide 2020

- Exeter, Loughborough Bath, Glasgow, Edinburgh, Durham
- Leeds, Nottingham, Portsmouth, Essex – all very high student satisfaction scores
- Birmingham, Swansea, Liverpool John Moores - all with top graduate prospects

Examples of degrees and combined degrees for BHASVIC student's 2019 entry

- Sports Management and Development
- Football Coaching and Management
- Fitness and Personal Training
- Sport, Coaching and Physical Education/Business Management
- Football Coaching and Performance
- Sport Management and Coaching
- Physical Education, Sport and Youth Development
- Football Studies
- Sports Marketing
- Sports Management
- Sports Management and Development
- Sport Coaching and Sport Development
- Sports Technology
- International Football Business
- Sport Journalism
- Sport Media
- Sports Journalism
- Sport Coaching
- Sport Development and Physical Education
- Sport, Coaching and Physical Education

Career prospects

One of the fastest growing subjects in the country, the number of sports graduates has gone from under 9,500 in 2012 to 15,000 now. However, the good news is the country's appetite for good health and fitness means that sports grads are less likely than average to be out of work. Sports graduates, not surprisingly, tend to get jobs in sport and fitness, coaching and teaching especially, but they're found all over the economy. Management is also a popular option for graduates from this subject – after all, this is a degree for people who want to motivate others!

Jobs where this degree is useful

- Fitness instructor
- Teacher
- Sports coaches
- Sports Marketing
- Event Management
- Sports Finance

Other real-life job examples

- Marketing executive
- Sports officials
- Gym or leisure centre management

What employers like about this subject

A degree in sports science will get you subject-specific skills in areas such as physiology, psychology, nutrition and biomechanics. You will also learn transferable skills including communication, team-working, time management, customer focus and the ability to motivate yourself and others. Employers that recruit sports scientists include gyms, fitness centres and sports clubs, and schools and hospitals.

Local market information

Albion in the Community

We are lucky enough to have a Premier league football club on our doorstep and Albion in the Community provide a wide range of opportunities for both employment and apprenticeships. They also work with a growing number of local organisations and businesses to recruit and support apprentices across a range of jobs; these include leisure, activity leadership, PE and school sport, business administration, customer service and management.

Sports science

Does helping athletes maximize their potential, becoming a personal trainer or promoting sport in the community appeal? If so - and you have an aptitude for science - sport or exercise science could be for you. You'll learn how the healthy human body works during exercise, how exercise promotes health and the psychology of sport, opening up opportunities to work in the rapidly expanding sports industry.

Example degrees: Sport and Exercise Science with Placement, Sport Performance Analysis, Sport and Exercise Therapy, Sports Therapy, Sport Rehabilitation

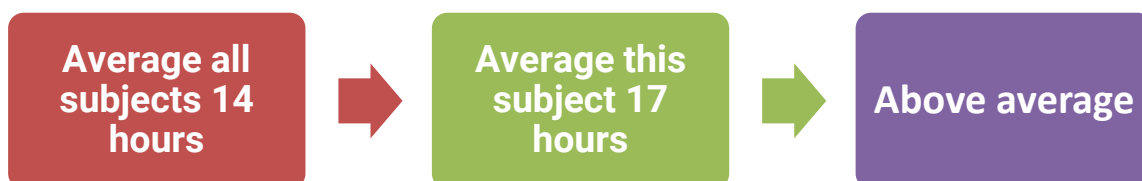
- BSC
- VOCATIONAL
- COMMUNICATION SKILLS
- TIME IN LABS
- RESEARCH
- SCIENCE
- SPORT
- EXERCISE

Example course modules

- Applied anatomy and biomechanics
- Research methods
- Nutrition for physical activity
- Introduction to the science of sport and exercise
- The coaching process
- Lifestyle behaviour change
- Managing community sport
- Life span, motor development and impairment
- Sport, exercise and health pedagogies
- Applying teaching and coaching

Teaching hours / week

The time you'll spend in lectures and seminars each week will vary from university to university, so use this as a guide.



League tables for this subject

[The Guardian](#) | [The Complete University Guide](#) | [The Times](#)

What students say about sports science

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1st year, University of Hertfordshire

The content is very good, challenging, but not making exceptionally large demands on your time. Topics are interesting and lecturers are always using new research examples from their fields so you are learning the most up to date information. There is a good balance of coursework and exams. You also have labs where you really get to be hands on with some of the more basic equipment. These are great as you get real practical skills.

2nd year, University of Birmingham

My course was comprised of four modules, each module was timetabled once a week for two hour sessions. The content of my course comprised of event management, project dissertation, contemporary issues in sport and advanced professional experience. I was required to complete written and oral assessments as well as an exam.

1st year, University of Gloucestershire

A-levels or BTEC usually required

- Biology or another science / maths
- Sports & Exercise Science

Useful to have

- Psychology
- Physical education

Application checklist

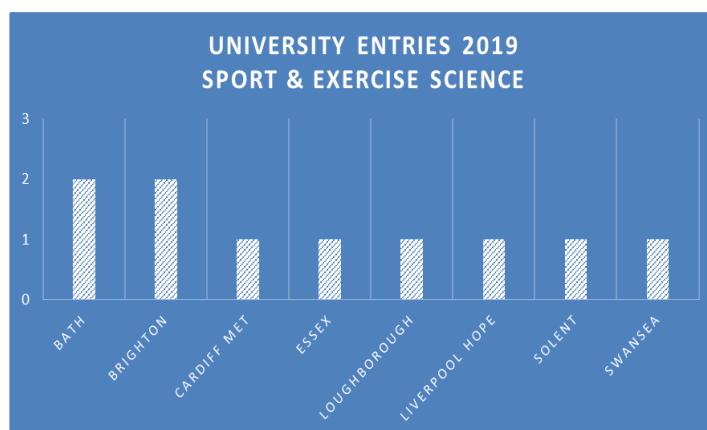
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- Personal statement

BHASVIC information

In Sept 2019, 10 BHASVIC students went onto study Sport & Exercise Science at 8 different universities.

Sport and Exercise Science in many different forms remains a very popular university choice for our students. It regularly features in our top ten most studied subjects at a higher level.

Students usually study a Sport and Exercise BTEC at BHASVIC.



Top 10 Universities for Sports Science – Complete University Guide 2020

- Exeter, Loughborough Bath, Glasgow, Edinburgh, Durham
- Leeds, Nottingham, Portsmouth, Essex – all very high student satisfaction scores
- Birmingham, Swansea, Liverpool John Moores - all with top graduate prospects

Examples of degrees and combined degrees for BHASVIC student's 2019 entry

- Sport and Exercise Science with Placement
- Sport and Exercise Science with a Year Abroad
- Sport Coaching
- Sport Development and Physical Education
- Sport, Coaching and Physical Education
- Sports and Exercise Science (Including Placement Year)
- Sport and Exercise Therapy
- Sport Performance Analysis

Employability

One of the fastest growing subjects in the country, the number of sports science graduates at university has grown nearly four times from 2003. However this is a subject with many pathways, and studying at A level / BTEC is likely to give lots of opportunities.

However, the good news is the country's appetite for good health and fitness means that sports science students are less likely than average to be out of work. Sports science students, not surprisingly, tend to get jobs in sport and fitness, coaching and teaching especially, but they're found all over the economy. Management is also a popular option for students from this subject – after all, this is a subject for people who want to motivate others!

What employers like about this subject

A degree in sports science will get you subject-specific skills in areas such as physiology, psychology, nutrition and biomechanics. You will also learn transferable skills including communication, team-working, time management, customer focus and the ability to motivate yourself and others. Employers that recruit sports scientists include gyms, fitness centres and sports clubs, and schools and hospitals.

Transferable skills

Research & analytical skills, critically evaluating information, designing research studies, data handling, problem solving, decision making, leadership, time management, communication.

Example careers

- Event manager
- Health promotion specialist
- Higher education lecturer
- Outdoor activities/education manager
- Sport and exercise psychologist
- Fitness instructor
- Teacher
- Sports coaches
- Gym or leisure centre management

Local market information

Albion in the Community

We are lucky enough to have a Premier league football club on our doorstep and Albion in the Community provide a wide range of opportunities for both employment and apprenticeships. They also work with a growing number of local organisations and businesses to recruit and support apprentices across a range of jobs; these include leisure, activity leadership, PE and school sport, business administration, customer service and management.

Sources & Links

SOURCE: [GRADUATE PROSPECTS](#)

SOURCE: [WHICH? STUDENT SURVEY](#)

SOURCES: [HESA](#) & [HEPI-HEA](#)

<https://targetcareers.co.uk/uni/degree-subject-guides>

<https://www.whatuni.com/advice/guides/subject-guides/>

<https://www.thecompleteuniversityguide.co.uk/courses>

<https://universitycompare.com/guides/subject/>

<https://www.timeshighereducation.com/student/advice/which-subject-should-you-study-university>

<https://targetcareers.co.uk/career-sectors>