



# BHASVIC

Seedy Sunday returned to BHASVIC at the start of February. The event is the UK's biggest and longest running community seed swap event: <https://seedysunday.org/>

The Sports café and Canteen continue to be popular venues for Children's Birthday Parties with various themes!

Wedding reception bookings for 2020 currently stand at 3 but this will no doubt increase and we already have 2 booked for 2021.

The total projected income for the financial year is just over £154,360 which is £24,360 above the target for the year which is a great achievement in what we anticipated could be a tricky year.

Below is a list of regular and occasional hirers, with contact details in case you or your family and friends want to join in!

## **Sports, dance, health and wellbeing**

### **Baby Ballet**

*From six months to six years, these baby ballet classes will give your child the chance to dance, gain confidence and shine, in a fun, caring and supportive environment. Sunday mornings.*

<https://babyballet.co.uk/babyballet-school/brighton-west-and-hove/>

### **Brighton & Hove Wellbeing Service**

*A free NHS service for all ages from 4 years and upwards in Brighton and Hove, which offers a variety of support and NICE compliant psychological therapies. Various evenings.*

<https://www.brightonandhovewellbeing.org/>

### **Brighton Ballet School**

*Teens, adult, babies, body conditioning. Week nights and Saturday mornings.*

[www.brightonballetschool.co.uk/](http://www.brightonballetschool.co.uk/)

### **Brighton Dancing**

*Brighton Dancing has been teaching people to dance for over 27 years. With a friendly and welcoming atmosphere these dance classes are for all ages and experience levels. Mondays and Wednesdays.*

<http://www.brightondancing.com/>

### **Cougars Basketball**

*Brighton Cougars is a not-for-profit community basketball club run entirely by members for its members. Originally established in 1989 it now has over 300 members which includes 230 juniors and 70+ adults.*

<http://www.brightoncougars.com/>

### **DMAA**

*The Dragon Martial Arts Association teaches Southern Dragon style Kung Fu, Liu he ba fa, Yang style Tai Chi and Qi Gong. Monday evenings.*

<http://www.dmaa.co.uk/>

### **Eloise O'Shea Adult Tap**

*Classes suitable for anyone with basic knowledge so if you have tapped before please get in touch. Thursdays.*

Eloise : 07730168510 [eloiseoshea2017@hotmail.com](mailto:eloiseoshea2017@hotmail.com)

### **Gemini Pole Fitness**

*Pole fitness classes. Tuesday & Wednesday evenings.*

<https://www.geminipolestudio.co.uk>

### **Kettlebells**

*Brighton Kettlebells provides Kettlebell Fat Loss Classes, group exercise, Bootcamps and Personal Training in Brighton & Hove, East Sussex. First class is free. (See Local Affiliates Scheme for BHASVIC STAFF discount)*

<http://www.brightonkettlebells.co.uk/>

### **Marcia Diamond Yoga**

*Warm/hot yoga at affordable prices, all levels welcome!*

[E-mail roxydillon@gmail.com](mailto:roxydillon@gmail.com) [07968584192](tel:07968584192)

### **NCT Antenatal Classes**

*Make friends with new mums and dads; get ideas, help and support from your local volunteers; and have fun joining in with the things going on in your area. Tuesday and Wednesday evenings.*

<https://www.nct.org.uk/branches/brighton-hove/courses>

### **Pied Piper Netball**

*Fun, progressive netball sessions for committed junior players and team play.*

<https://en-gb.facebook.com/piedpipernetball/>

### **Slimming World**

*Slimming World's highly effective approach to weight loss is empowering and enabling. Their support – online and in group – is based on a deep understanding of how you feel and a passionate desire to help you achieve your personal weight loss goals – and maintain them for life! Saturday mornings.*

<https://www.slimmingworld.co.uk/joining-a-group/nearest-group-details.aspx?classcode=qB3GLiV0sOA&postcode=>

### **YogaFit**

*Classes are given in an open, relaxed and safe environment providing a sanctuary from your everyday life. Most classes are a dynamic flow style of yoga and are suitable for people at all levels. (See Local Affiliates Scheme for BHASVIC STAFF discount)*

<http://yoga-fit.co.uk/>

### **Zumba Zone**

*Is it a carnival? Or is it a workout? No, it is ZUMBA with the ZUMBA ZONE! It is like a sultry night in Havana with the energy of Miami and the fun of Rio. Run by our very own Carlos! Saturday mornings.*

<https://www.thezumbazone.co.uk/>

*Various other football, futsal, and netball teams including children's coaching*

(<http://www.prodirectsocceracademy.com/>, <http://www.hollingburyhawksfc.co.uk>),

## **Performance**

### **Apollo Productions**

*A brand new and exciting company, designed to offer opportunities in all genres of theatre to all ages. Recent performances include The History Boys at the Old Courtroom.*

<https://www.facebook.com/apollobrighton/>

## **Activities, hobbies, general interest and support groups**

### **Battle Heritage**

*A full contact Medieval Combat club, its members take this sport seriously and fight to win! Occasional hirers.*

<http://battleheritage.co.uk/>

## **Brighton & Hove Locum GP Group**

*This support group hold monthly meetings with the occasional guest speaker.*

## **Flowers for Fun**

*New classes run by local florist Gemma Blankson.*

<https://www.facebook.com/Flowers-for-Fun-1499773503638879/>

## **Record Sales**

*Arthur Mann has been selling records for many years. Visit him in the car lower park on Sunday mornings and get that vinyl!*

## **Sibling Link**

*A peer support group for anyone over 18 with a brother or sister who has struggled with mental illness, this group hold regular meetings here.*

<https://www.siblinglink.co.uk/>

## **Sussex Egyptology**

*One of Britain's most successful regional Egyptology groups. It is also a gateway to the whole of Britain's Egyptological scene - and, of course, to the wonders of Egypt's ancient civilisation.*

<http://www.egyptology-uk.com/>

## **Other organisations and churches**

### **Brighton Vineyard**

*This church was started almost sixteen years ago, with a desire that it would be contemporary in its feel. Sundays in the Main Hall.*

<http://www.brightonvineyard.com/>

### **Kalinka - Sussex Russian Centre**

*Kalinka is a not-for-profit voluntary organisation, established in 2008 by a group of parents who just wanted to meet, socialise, make new friends and share common interests. The idea of a Russian School formed to promote the language and Russian culture and to offer children an opportunity to play and learn in a friendly, warm environment. Saturdays.*

<http://www.kalinka.org.uk/>

### **New Apostolic Church**

*Serving the members and guests of the congregations of Heathfield, Worthing, Brighton, Hove and the surrounding area. Sundays in the Refectory.*

<http://www.nacukie.org/>

### **Oromo Community**

*This group arrived in the UK as refugees in 2006, through the Gateway Protection Programme. They are originally from Ethiopia and their Tribe name is OROMO. Saturdays.*

<https://oromobh.wordpress.com/>

### **Local Labour Party group meetings**

*The Goldsmid & Hove ward, Preston Park ward and Women's Forum all meet here regularly.*

### **Study support and youth**

#### **National Citizen Service**

*For 15 to 17 year-olds, giving them a chance to embark on exhilarating challenges, make their mark and build skills for work and life. Re-booked for Summer 2020.*

<http://www.ncsyes.co.uk/>

#### **Study Sessions**

*Homework support by Claire Clark for KS3 and GCSE. Monday evenings.*  
<https://studysessionshove.wordpress.com/about-claire/>

The Venue Hire team( Cheryl, Graham & Sheridan)

February 2020

