



BHASVIC

Over the Summer break we welcomed the Brighton Yoga Foundation to BHASVIC for a very successful weekend yoga festival.

The Main Hall continues to be a popular venue for Wedding Receptions with 3 receptions in August alone! Graham Luxford has joined the team as Evening Premises Coordinator.

Below is a list of regular and occasional hirers, with contact details in case you or your family and friends want to join in!

Sports, dance, health and wellbeing

Baby Ballet

From six months to six years, these baby ballet classes will give your child the chance to dance, gain confidence and shine, in a fun, caring and supportive environment. Sunday mornings.

<https://babyballet.co.uk/babyballet-school/brighton-west-and-hove/>

Brighton & Hove Wellbeing Service

A free NHS service for all ages from 4 years and upwards in Brighton and Hove, which offers a variety of support and NICE compliant psychological therapies. Various evenings.

<https://www.brightonandhovewellbeing.org/>

Brighton Ballet School

Teens, adult, babies, body conditioning. Week nights and Saturday mornings.

www.brightonballetschool.co.uk/

Brighton Dancing

Brighton Dancing has been teaching people to dance for over 27 years. With a friendly and welcoming atmosphere these dance classes are for all ages and experience levels. Mondays and Wednesdays.

<http://www.brightondancing.com/>

Cougars Basketball

Brighton Cougars is a not-for-profit community basketball club run entirely by members for its members. Originally established in 1989 it now has over 300 members which includes 230 juniors and 70+ adults.

<http://www.brightoncougars.com/>

DMAA

The Dragon Martial Arts Association teaches Southern Dragon style Kung Fu, Liu he ba fa, Yang style Tai Chi and Qi Gong. Monday evenings.

<http://www.dmaa.co.uk/>

Eloise O'Shea Adult Tap

Classes suitable for anyone with basic knowledge so if you have tapped before please get in touch. Thursday's.

Eloise : 07730168510 eloiseoshea2017@hotmail.com

Gemini Pole Fitness

Pole fitness classes. Tuesday & Wednesday evenings.

<https://www.geminipolestudio.co.uk>

Kettlebells

Brighton Kettlebells provides Kettlebell Fat Loss Classes, group exercise, Bootcamps and Personal Training in Brighton & Hove, East Sussex. First class is free. (See Local Affiliates Scheme for BHASVIC STAFF discount)

<http://www.brightonkettlebells.co.uk/>

NCT Antenatal Classes

Make friends with new mums and dads; get ideas, help and support from your local volunteers; and have fun joining in with the things going on in your area. Tuesday and Wednesday evenings.

<https://www.nct.org.uk/branches/brighton-hove/courses>

Pied Piper Netball

Fun, progressive netball sessions for committed junior players and team play.

<https://en-gb.facebook.com/piedpipernetball/>

Slimming World

Slimming World's highly effective approach to weight loss is empowering and enabling. Their support – online and in group – is based on a deep understanding of how you feel and a passionate desire to help you achieve your personal weight loss goals – and maintain them for life! Saturday mornings.

<https://www.slimmingworld.co.uk/joining-a-group/nearest-group-details.aspx?classcode=qB3GLiV0sOA&postcode=>

YogaFit

Classes are given in an open, relaxed and safe environment providing a sanctuary from your everyday life. Most classes are a dynamic flow style of yoga and are suitable for people at all levels. (See Local Affiliates Scheme for BHASVIC STAFF discount)

<http://yoga-fit.co.uk/>

Zumba Zone

Is it a carnival? Or is it a workout? No, it is ZUMBA with the ZUMBA ZONE! It is like a sultry night in Havana with the energy of Miami and the fun of Rio. Run by our very own Carlos! Saturday mornings.

<https://www.thezumbazone.co.uk/>

Various other football, futsal, and netball teams including children's coaching

(<http://www.prodirectsocceracademy.com/>, <http://www.hollingburyhawksfc.co.uk/>),

Performance

Apollo Productions

A brand new and exciting company, designed to offer opportunities in all genres of theatre to all ages. Recent performances include The History Boys at the Old Courtroom.

<https://www.facebook.com/apollobrighton/>

Activities, hobbies, general interest and support groups

Battle Heritage

A full contact Medieval Combat club, its members take this sport seriously and fight to win! Occasional hirers.

<http://battleheritage.co.uk/>

Brighton & Hove Locum GP Group

This support group hold monthly meetings with the occasional guest speaker.

Flowers for Fun

New classes run by local florist Gemma Blankson.

<https://www.facebook.com/Flowers-for-Fun-1499773503638879/>

Record Sales

Arthur Mann has been selling records for many years. Visit him in the car lower park on Sunday mornings and get that vinyl!

Sibling Link

A peer support group for anyone over 18 with a brother or sister who has struggled with mental illness, this group hold regular meetings here.

<https://www.siblinglink.co.uk/>

Sussex Egyptology

One of Britain's most successful regional Egyptology groups. It is also a gateway to the whole of Britain's Egyptological scene - and, of course, to the wonders of Egypt's ancient civilisation.

<http://www.egyptology-uk.com/>

Youth Film School

This club makes a wide range of films, from drama to documentaries, love stories to horror. The main focus is making films in small groups, but they also have quizzes, film review sessions and meet special guests. Sessions are run by local director Ewan Gorman for ages 9 – 16. Saturdays.

<http://www.youthfilmschool.co.uk/film-clubs/brighton/>

Other organisations and churches

Brighton Vineyard

This church was started almost sixteen years ago, with a desire that it would be contemporary in its feel. Sundays in the Main Hall.

<http://www.brightonvineyard.com/>

Kalinka - Sussex Russian Centre

Kalinka is a not-for-profit voluntary organisation, established in 2008 by a group of parents who just wanted to meet, socialise, make new friends and share common interests. The idea of a Russian School formed to promote the language and Russian culture and to offer children an opportunity to play and learn in a friendly, warm environment. Saturdays.

<http://www.kalinka.org.uk/>

New Apostolic Church

Serving the members and guests of the congregations of Heathfield, Worthing, Brighton, Hove and the surrounding area. Sundays in the Refectory.

<http://www.nacukie.org/>

Oromo Community

This group arrived in the UK as refugees in 2006, through the Gateway Protection Programme. They are originally from Ethiopia and their Tribe name is OROMO. Saturdays.

<https://oromobh.wordpress.com/>

Local Labour Party group meetings

The Goldsmid & Hove ward, Preston Park ward and Women's Forum all meet here regularly.

Study support and youth

National Citizen Service

For 15 to 17 year-olds, giving them a chance to embark on exhilarating challenges, make their mark and build skills for work and life. Re-booked for Summer 2019.

<http://www.ncsyas.co.uk/>

Study Sessions

Homework support by Claire Clark for KS3 and GCSE. Monday evenings.

<https://studysessionshove.wordpress.com/about-claire/>

The Venue Hire team(Cheryl, Graham & Sheridan)

October 2019

