

Sport & Exercise Sciences – Certificate Summer Work 2017

Hello,

If you're reading this, you didn't manage to attend the 'Moving on Day' Sessions and need to complete this work by the time you come to us in September.

You should have also received a **Course Booklet** via the post and your parents. Please ensure that you read this thoroughly and understand the requirements and demands of the course. Getting the right course is VERY important.

Summer Work Folder Contents: Instructions file, Powerpoint, Notes Booklet for Anatomy Assignment 1.1

Please read this instruction file first and then look through the Powerpoint. This is a mixture of information shared on the MonD visit (slides 1-9). Plus some tasks from the session (slides 10-16). PLEASE go through these.

Some things you need to know or do regarding **communication** with college and me (slides 17-18)

Summer Tasks: Importantly, it also indicates on **slides 19-21** the requirements for your summer work. My **youtube channel (Linds Taverner** – I suggest you subscribe to this as I use this lots) has some videos for you to watch and make notes on (slide 19 also has other sites and channels that are helpful).

There is a **NOTES BOOKLET** in this summer work folder that needs to be completed based on the instructions and pages on slide 21.

A lot of this is 'presumed knowledge' (ie you should know it already), BUT I know that you come to the course with a mixture of anatomical knowledge. This summer work aims to get you all starting at a similar place – some of you will need to prepare more than others!

Slides 22-24 are activities that ideally you should be able to have a good attempt at following your preparatory work. Could you?

It's **YOUR responsibility to come in September confident about this content. Do what you need to do to learn new information. There is a lot of guidance and support for you through the course, BUT the level of independent study will jump UP from school. Are you able to cope with this? Do you have strategies to figure things out?

Have a great summer and I look forward to seeing you in September! Please contact me if you have any queries: l.taverner@bhasvic.ac.uk, BUT don't contact me just before you come back saying you haven't been able to do the tasks – show your initiative and that you are conscientious and make sure you have plenty of time to figure things out.

Linds